What is the most important information I should know about GILENYA?

GILENYA may cause serious side effects, including:

1. Slow heart rate (bradycardia or bradyarrhythmia) when you start taking GILENYA. GILENYA can cause your heart rate to slow down, especially after you take your first dose. You will have a test to check the electrical activity of your heart called an electrocardiogram (ECG) before you take your first dose of GILENYA.

   All adults and children will be observed by a healthcare professional for at least 6 hours after taking their first dose of GILENYA. Children should also be observed by a healthcare professional for at least 6 hours after taking their first dose of 0.5 mg of GILENYA when switching from the 0.25 mg dose.

   After you take your first dose of GILENYA and after a child takes their first dose of 0.5 mg of GILENYA when switching from the 0.25 mg dose:
   - Your pulse and blood pressure should be checked every hour.
   - You should be observed by a healthcare professional to see if you have any serious side effects. If your heart rate slows down too much, you may have symptoms such as:
     - dizziness
     - tiredness
     - feeling like your heart is beating slowly or skipping beats
     - chest pain
   - If you have any of the symptoms of slow heart rate, they will usually happen during the first 6 hours after your first dose of GILENYA. Symptoms can happen up to 24 hours after you take your first GILENYA dose.
   - 6 hours after you take your first dose of GILENYA you will have another ECG. If your ECG shows any heart problems or if your heart rate is still too low or continues to decrease, you will continue to be observed.
   - If you have any serious side effects after your first dose of GILENYA, especially those that require treatment with other medicines, you will stay in the medical facility to be observed overnight.
   - If you have certain types of heart problems, or if you are taking certain types of medicines that can affect your heart, you will be observed overnight after you take your first dose of GILENYA.

   Your slow heart rate will usually return to normal within 1 month after you start taking GILENYA. Call your doctor or go to the nearest hospital emergency room right away if you have any symptoms of a slow heart rate.

2. Infections. GILENYA can increase your risk of serious infections that can be life-threatening and cause death. You should not receive live vaccines during treatment with GILENYA and for 2 months after you stop taking GILENYA. Talk to your doctor before you receive a vaccine during treatment and for 2 months after treatment with GILENYA. If you receive a live vaccine, you may get the infection the vaccine was meant to prevent. Vaccines may not work as well when given during treatment with GILENYA.

   GILENYA lowers the number of white blood cells (lymphocytes) in your blood. This will usually go back to normal within 2 months of stopping treatment. Your doctor may do a blood test to check your white blood cells before you start taking GILENYA. Call your doctor right away if you have any of these symptoms of an infection during treatment with GILENYA and for 2 months after your last dose of GILENYA:
   - fever
   - tiredness
   - body aches
   - chills
   - nausea
   - vomiting
   - headache with fever, neck stiffness, sensitivity to light, nausea, or confusion (these may be symptoms of meningitis, an infection of the lining around your brain and spine)

3. Progressive multifocal leukoencephalopathy (PML). PML is a rare brain infection that usually leads to death or severe disability. If PML happens, it usually happens in people with weakened immune systems but has happened
in people who do not have weakened immune systems. Symptoms of PML get worse over days to weeks. Call your doctor right away if you have any new or worsening symptoms of PML, that have lasted several days, including:

- weakness on 1 side of your body
- loss of coordination in your arms and legs
- decreased strength
- problems with balance
- changes in your vision
- changes in your thinking or memory
- confusion
- changes in your personality

4. A problem with your vision called macular edema. Macular edema can cause some of the same vision symptoms as a multiple sclerosis (MS) attack (optic neuritis). You may not notice any symptoms with macular edema. If macular edema happens, it usually starts in the first 3 to 4 months after you start taking GILENYA. Your doctor should test your vision before you start taking GILENYA and 3 to 4 months after you start taking GILENYA, or any time you notice vision changes during treatment with GILENYA. Your risk of macular edema is higher if you have diabetes or have had an inflammation of your eye called uveitis.

Call your doctor right away if you have any of the following:

- blurriness or shadows in the center of your vision
- a blind spot in the center of your vision
- sensitivity to light
- unusually colored (tinted) vision

What is GILENYA?

GILENYA is a prescription medicine used to treat relapsing forms of multiple sclerosis (MS) in adults and children 10 years of age and older.

It is not known if GILENYA is safe and effective in children under 10 years of age.

Who should not take GILENYA?

Do not take GILENYA if you:

- have had a heart attack, unstable angina, stroke or mini-stroke (transient ischemic attack or TIA) or certain types of heart failure in the last 6 months.
- have certain types of irregular or abnormal heartbeat (arrhythmia), including patients in whom a heart finding called prolonged QT is seen on ECG before starting GILENYA.
- are taking certain medicines that change your heart rhythm.
- are allergic to fingolimod or any of the ingredients in GILENYA. See the end of this leaflet for a complete list of ingredients in GILENYA. Symptoms of an allergic reaction may include: rash, itchy hives, or swelling of the lips, tongue or face.

Talk to your doctor before taking GILENYA if you have any of these conditions or do not know if you have any of these conditions.

What should I tell my doctor before taking GILENYA?

Before you take GILENYA, tell your doctor about all your medical conditions, including if you had or now have:

- an irregular or abnormal heartbeat (arrhythmia).
- a history of stroke or mini-stroke.
- heart problems, including heart attack or angina.
- a history of repeated fainting (syncope).
- a fever or infection, or you are unable to fight infections due to a disease or take or have taken medicines that lower your immune system.
- recently received a vaccine or are scheduled to receive a vaccine.
- chickenpox or have received the vaccine for chickenpox. Your doctor may do a blood test for chickenpox virus. You may need to get the full course of the vaccine for chickenpox and then wait 1 month before you start taking GILENYA.
- your child has completed their vaccination schedule. Your child needs to have completed their vaccination schedule before starting treatment with GILENYA.
- eye problems, especially an inflammation of the eye called uveitis.
- diabetes.
- breathing problems, including during your sleep.
- liver problems.
- high blood pressure.
- types of skin cancer called basal cell carcinoma (BCC) or melanoma.
- are pregnant or plan to become pregnant. GILENYA may harm your unborn baby. Talk to your doctor if you are pregnant or are planning to become pregnant.
Tell your doctor right away if you become pregnant while taking GILENYA or if you become pregnant within 2 months after you stop taking GILENYA.

If you are a female who can become pregnant, you should use effective birth control during your treatment with GILENYA and for at least 2 months after you stop taking GILENYA.

**Pregnancy Registry:** There is a registry for women who become pregnant during treatment with GILENYA. If you become pregnant while taking GILENYA, talk to your doctor about registering with the GILENYA Pregnancy Registry. The purpose of this registry is to collect information about your health and your baby’s health.

For more information, contact the GILENYA Pregnancy Registry by calling Quintiles at 1-877-598-7237, by sending an email to gpr@quintiles.com, or go to www.gilenyapregnancyregistry.com.

- are breastfeeding or plan to breastfeed. It is not known if GILENYA passes into your breast milk. Talk to your doctor about the best way to feed your baby if you take GILENYA.

**Tell your doctor about all the medicines you take or have recently taken**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Especially tell your doctor if you take medicines that affect your immune system, including corticosteroids, or have taken them in the past.

Know the medicines you take. Keep a list of your medicines with you to show your doctor and pharmacist when you get a new medicine.

Using GILENYA and other medicines together may affect each other causing serious side effects.

**How should I take GILENYA?**

- Adults and children will be observed by a healthcare professional for at least 6 hours after taking their first dose of GILENYA. **Children should also be observed by a healthcare professional for at least 6 hours after taking their first dose of 0.5 mg of GILENYA when switching from the 0.25 mg dose.** See “What is the most important information I should know about GILENYA?”
- Take GILENYA exactly as your doctor tells you to take it.
- Take GILENYA 1 time each day.
- If you take too much GILENYA, call your doctor or go to the nearest hospital emergency room right away.
- Take GILENYA with or without food.
- Do not stop taking GILENYA without talking with your doctor first.
- Call your doctor right away if you miss a dose of GILENYA. You may need to be observed by a healthcare professional for at least 6 hours when you take your next dose. If you need to be observed by a healthcare professional when you take your next dose of GILENYA you will have:
  - an ECG before you take your dose
  - hourly pulse and blood pressure measurements after you take the dose
  - an ECG 6 hours after your dose
- If you have certain types of heart problems, or if you are taking certain types of medicines that can affect your heart, you will be observed overnight by a healthcare professional in a medical facility after you take your dose of GILENYA.
- If you have serious side effects after taking a dose of GILENYA, especially those that require treatment with other medicines, you will stay in the medical facility to be observed overnight. If you were observed overnight, you will also be observed for any serious side effects for at least 6 hours after you take your second dose of GILENYA. See “What is the most important information I should know about GILENYA?”

**What are possible side effects of GILENYA?**

GILENYA can cause serious side effects, including:

- See “What is the most important information I should know about GILENYA?”
- **swelling and narrowing of the blood vessels in your brain.** A condition called PRES (Posterior Reversible Encephalopathy Syndrome) has happened rarely in adults taking GILENYA. Symptoms of PRES usually get better when you stop taking GILENYA. However, if left untreated, it may lead to a stroke. Call your doctor right away if you have any of the following symptoms:
  - sudden severe headache
  - sudden confusion
  - sudden loss of vision or other changes in your vision
  - seizure
- **breathing problems.** Some people who take GILENYA have shortness of breath. Call your doctor right away if you have new or worsening breathing problems.
- **liver problems.** GILENYA may cause liver problems. Your doctor should do blood tests to check your liver before you start taking GILENYA. Call your doctor right away if you have any of the following symptoms of liver problems:
  - nausea
  - loss of appetite
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Distributed by: Novartis Pharmaceuticals Corporation East Hanover, New Jersey 07936

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For more information, go to www.pharma.US.Novartis.com or call 1-888-669-6882.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

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